



# **COVID -19 VACCINE AWARENESS TRAINING FOR ASHA WORKERS IN BARABANKI**

**ORGANIZED BY -  
ANVARAT FOUNDATION**

**IN COLLABORATION WITH -  
COMMONWEALTH EDUCATIONAL MEDIA CENTRE FOR ASIA, NEW DELHI(CEMCA)**



## **Final Report on COVID- 19 Awareness Program for Asha Workers in 5 blocks of Barabanki, Uttar Pradesh**

**Organized by:** ANVARAT FOUNDATION

**Supported by:** Commonwealth Educational Media Centre for Asia (CEMCA)

**Acknowledgment:**

1. District Magistrate, Barabanki
2. CMO, Barabanki
3. Medical Officer Incharge: Masauli, Banki, Sirauli Ghauspur, Siddhaur, and Dewa
4. Government of Uttar Pradesh

### **Training Schedule**

<b>Block Name</b>	<b>CHC Name</b>	<b>Training Date</b>	<b>Number of Batches</b>	<b>Trainers</b>
<b>Masauli</b>	<b>Badagaon</b>	27 & 28 July 2021	5	Devika Mishra & Keshav Mishra
<b>Siddhaur</b>	<b>Kothi</b>	27 & 28 July 2021	5	Shailesh Singh & Ritu Singh
<b>Sirauli Ghauspur</b>	<b>Sirauli Ghauspur</b>	5 & 6 August 2021	5	Shailesh Singh & Devika Mishra
<b>Banki</b>	<b>Jata Barauli</b>	9 & 10 August 2021	6	Shailesh Singh & Devika Mishra
<b>Dewa</b>	<b>Dewa</b>	13 & 14 August 2021	4	Shailesh Singh & Devika Mishra

*\*The duration of each batch was 2 hours*

# INTRODUCTION

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The unprecedented outbreak of COVID-19 has affected the entire world immensely. We all are aware about the challenges faced by everyone during the first and second wave of COVID-19. The SARS-CoV2 virus infection is highly contagious in nature with a high mortality rate. During the second wave, the cases started to surge and the entire country was encapsulated in pain, turmoil and death. The health infrastructure was under an unprecedented burden.

There were several factors responsible for the increased number of cases in the second wave such as public overlooking the 'Covid Appropriate Behaviors or CAB', quality of masks are highly variable, N-95 masks not being much favored due to their high costs. The sharp rise can also be attributed to the higher testing: but the doubts have been raised about the quality of testing. This time the mutant virus has more effective transmission capability. The health disparities between urban and rural areas exist not only in terms of risk factors and life expectancy but also in testing and health care capacity. The rural residents consistently face challenges of hospital closures and health care provider shortages. The adverse impacts of existing health disparities for people living in rural areas continue to be a major source of concern during preparation for and response to widespread disasters. Rural communities frequently struggle with limited health care workforces and resources under ordinary daily conditions.

Apart from these disparities we can also spot ignorance and fear ruling the rural parts. A lot of people in the rural areas are not ready to get vaccinated due to various rumors and misinformation. To pierce the shroud of vaccine hesitancy, it is important to reach out to the rural population and sensitize them about the utility and working of vaccine. Therefore, in the rural parts our Asha workers are at the forefront tackling these issues and help all of us fighting against coronavirus.

Asha workers are the first line of defense in rural areas. Tasked with surveying villagers and monitoring their health during the ongoing pandemic, the Asha workers are our grass-root level implementers and influencers. To support the Asha workers, Anvarat Foundation with support of CEMCA has designed this training program.

## **About us**

Anvarat Foundation is a non-profit organisation. Anvarat was established in 2015 with the objective to provide equal opportunity through quality healthcare, skill-based education and dignified employment. We as a team have been exposed to tough and testing conditions in the diverse fields of Education, Management, Social Sector, Consultancy, Engineering and Youth Leadership.

We are a team of individuals who believe in equality of opportunity. We enjoy chasing our passion, which is to make the world a better place to live in. We strongly believe that through our love and compassion, we can instigate a sustainable social transformation for the better.

## **Commonwealth Educational Media Centre for Asia (CEMCA)**

In response to needs expressed by the Commonwealth countries of the Asian region for a more effective utilization of educational media resources for Distance Education, the Commonwealth of Learning (COL) established Commonwealth Educational Media Centre for Asia (CEMCA) in the year 1994. CEMCA, under a host country agreement signed between COL and Government of India in 1998, has its headquartered in New Delhi. The GoI notified CEMCA as a diplomatic mission. The strategic objective of CEMCA is to promote co-operation and collaboration in the use of electronic media resources for distance education

## **AIM**

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The aim of this training program is to make the rural people aware about the advantages of getting vaccinated and help them cut off vaccine hesitancy. As the Asha workers work on the grass root levels so this training would help them to assist the rural people at each and every step whether it be COVID testing or getting vaccinated. The idea is to equip the participants with the basic know how of COVID-19, identifying and taking care of asymptomatic/mildly symptomatic patients, removing discrimination in the villages and vaccine awareness.

# OBJECTIVES

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- Demystifying COVID 19 and familiarize the participants with the latest guidelines issued by WHO, Ministry of Health and Family Welfare, GoI and Ministry of Health, Government of UP.
- Setting up and managing isolation centres at the rural level.
- Preparation of the frontline workers for the anticipated third wave of COVID-19.
- Awareness of the black fungus, identification and early treatment.
- Dispelling myths around the vaccines and complete awareness.

# PARTICIPANTS

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The COVID – 19 Awareness training program total numbers of 800 Asha workers from 5 blocks of Barabanki district. There total number of batches was 25 with an average attendance of 30 trainees each. The training was conducted in a time span of 8 days.

# DATES

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The training program was conducted during the span of eight days:

1. 27 and 28 July 2021: Masauli and Siddhaur
2. 5 and 6 August 2021: Sirauli Ghauspur
3. 9 and 10 August 2021: Banki
4. 13 and 14 August 2021: Dewa

# VENUE

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The training was conducted at the respective CHCs of the blocks, namely Masauli, Dewa, Siddhaur, Sirauli Gauspur and Banki.

# METHODOLOGY

The COVID-19 vaccine awareness training program was conducted in five blocks of Barabanki District through classroom training. The methodology included presentation, discussion and demonstrations.

# COVERAGE

The training given to Asha workers covered the following topics-

- Clinical features
- Home treatment for Asymptomatic patients
- Treatment of patients with critical conditions
- Diagnostic Criteria
- Treatment

Glimpses of the module delivered:

The image displays four educational cards in Hindi, arranged in a 2x2 grid. Each card has a title, an illustration, and a list of key points. The top-left card is titled 'कोविड संक्रमण के दौरान बच्चों की देखभाल' (Care of children during COVID-19 infection) and 'क्लिनिकल फीचर्स' (Clinical features). The top-right card is titled 'लक्षणविहीन और हल्के मामले' (Asymptomatic and mild cases). The bottom-left card is titled 'हल्के लक्षण वाले उपचार : होम आइसोलेशन' (Home isolation for mild cases) and '1/2'. The bottom-right card is titled 'हल्के लक्षण वाले उपचार : होम आइसोलेशन' (Home isolation for mild cases) and '2/2'. Each card includes icons for clinical features, symptoms, home isolation, and diagnostic criteria.

**कोविड संक्रमण के दौरान बच्चों की देखभाल**  
क्लिनिकल फीचर्स

- कोविड से संक्रमित अधिकतर बच्चों में कोई लक्षण नहीं या हल्के लक्षण हो सकते हैं
- सामान्य लक्षणों में बुखार, खांसी, सांस फूलना/सांस लेने में तकलीफ, सعال, कंठ दर्द, नाक बहना, गले में खरोश, दर्द, स्वाद या गंध में अंशना आदि शामिल हैं
- कुछ बच्चों में पेट और आंत संबंधी (गैस्ट्रोइंटेस्टाइनल) परेशानी और अन्य असामान्य लक्षण हो सकते हैं
- बच्चों में मल्टी सिस्टम इन्फ्लेमेटरी सिंड्रोम नाम का एक नया सिंड्रोम देखा जा रहा है। इसके लक्षण हैं:

**लक्षणविहीन और हल्के मामले**

- संक्रमित परिवार के सदस्यों में लक्षण विहीन बच्चों की पहचान आमतौर पर रूटिंग के द्वारा की जाती है
- लक्षणों की निगरानी और लक्षणों की गंभीरता के मुताबिक उपचार की आवश्यकता होती है
- रोग के हल्के लक्षण वाले बच्चों को गले में खरोंश, नाक बहना, खांसी के साथ सांस लेने में तकलीफ हो सकती है। कुछ बच्चों में गैस्ट्रोइंटेस्टाइनल लक्षण भी हो सकते हैं
- उन्हें किसी जांच की जरूरत नहीं है
- इन बच्चों को होम आइसोलेशन और रोग के लक्षण के मुताबिक घर पर उपचार दिया जा सकता है
- अन्यजट इलाज रोग, पैफडों का पुराना रोग, कोई अंग विफल होने, मोटापा समेत पहले से बीमार बच्चों को भी घर पर प्रबंधित किया जा सकता है

**हल्के लक्षण वाले उपचार : होम आइसोलेशन 1/2**

- बुखार के लिए:** पैरासिटामोल 10-15 एमजी/किगो/दोस; हर 4-6 घंटे में दिया जा सकता है
- कफ के लिए:** बड़े व किशोर बच्चों को गले में आराम हेतु गर्म पानी ले गारारे की सलाह
- तरल पदार्थ और खानपान:** हाइड्रेशन और पोषण के लिए तरल पदार्थों का पर्याप्त सेवन
- एंटीबायोटिक:** कोई नहीं

**हल्के लक्षण वाले उपचार : होम आइसोलेशन 2/2**

- टोसिलिजुमैब, इन्टरफेरीन B1A, प्लाजमा या डेक्सामेथासोन समेत हाइड्रोक्सिक्लोरोक्विन, फेविपिरविर, आइवरोसिटिन, लोपिन्विर/रिटोनाविर, रेमिडेसिविर, सुमिफेन्सोविर, इम्पेटोमीडजुलेटर्स की कोई जरूरत नहीं
- दिन में 2-3 बार बसने दर जांच, सीने में समस्या, शरीर का नीलापन, अत्यधिक ठंड लगना, मूत्र की मात्रा, ऑक्सीजन सैचुरेशन, तरल पदार्थों का सेवन, गतिविधि विशेषकर छोटे बच्चों में, आदि की निगरानी कर चार्ट बनाने
- किसी भी आपात स्थिति में अभिभावक/देखभाल करने वालों को डॉक्टर से तुरंत संपर्क करना चाहिए



## BLOCK 1 – MASAULI (CHC – Badagaon)

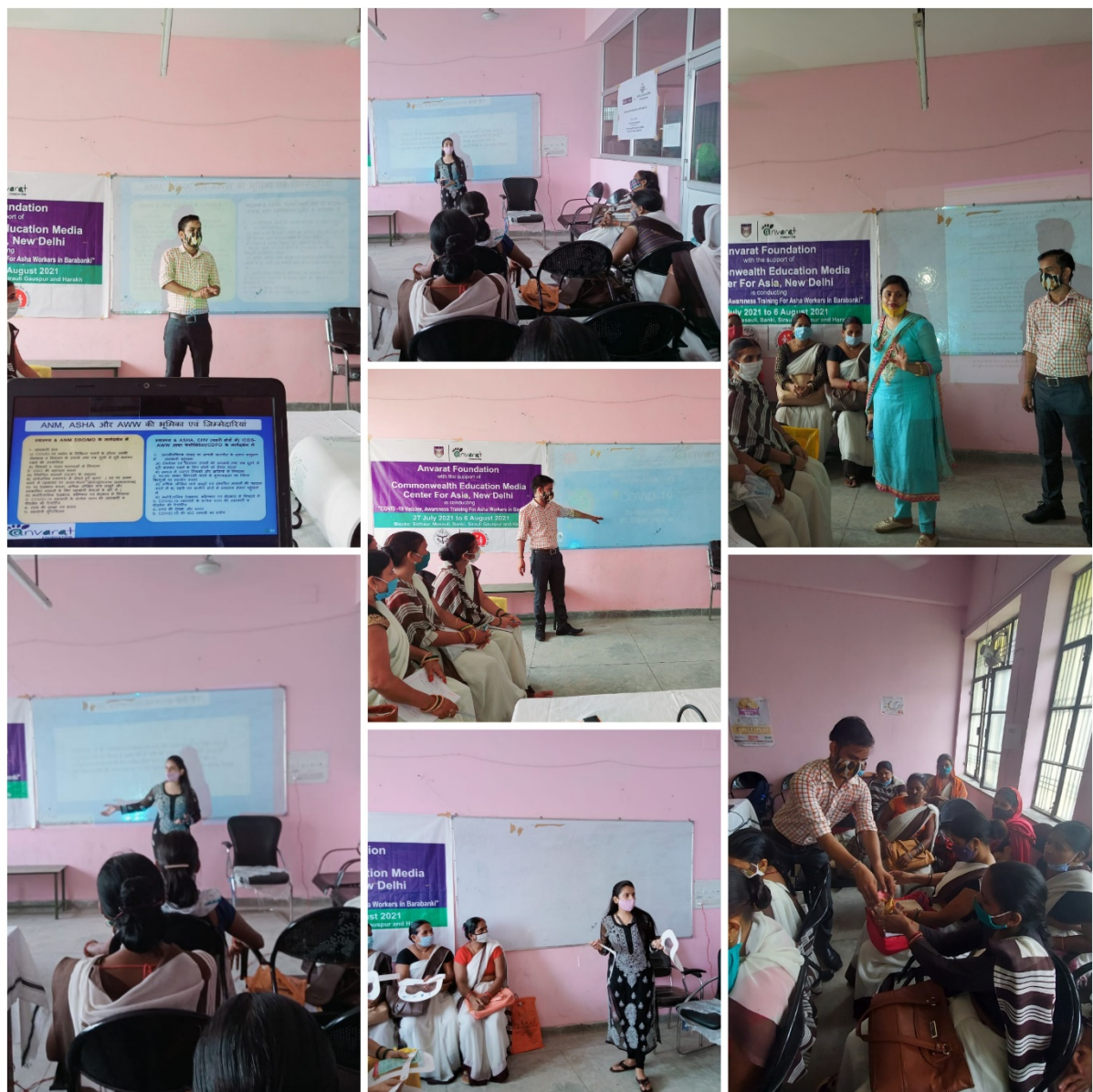
The session was conducted on 27th and 28th of July 2021 in Masauli block of Barabanki District of Uttar Pradesh. The training was administered by Devika Mishra & Keshav Mishra. Masauli is a Block located in Barabanki district in Uttar Pradesh. Positioned in rural part of Uttar Pradesh, it is one of the 16 blocks of Barabanki district. According to the administration records, the block number of Masauli is 485. The block has 72 villages and there are total 33241 houses in this Block.

Date: 27 July 2021 | Venue: CHC, Badagaon





Date: 28 July 2021 | Venue: CHC, Badagaon



**Our trainers addressing the ASHA Workers at Masauli Block of Barabanki District of Uttar Pradesh.**

## BLOCK 2- SIDHAUR (CHC-KOTHI)

The COVID-19 awareness training was held in the block of Sidhaur of Barabanki district on 27th & 28th July 2021. Our trainers Shailesh Singh and Ritu Singh addressed the ASHA Workers. Siddhaur is a town and a nagar panchayat in Barabanki district in the Indian state of Uttar Pradesh.

It was initially known as Siddhpura, and as time passed by, it became Siddhaur. It is around 28 km from district headquarters Barabanki.

Date: 27 July 2021 | Venue: CHC, Kothi



Date: 28 July 2021 | Venue: CHC, Kothi



**ASHA Workers being trained to assist the rural people in Sidhaur block of Barabanki district**

## BLOCK 3 – SIRALI GAUSPUR (CHC- SIRALI GAUSPUR)

In Sirali Gauspur block of Barabanki District our trainers Shailesh Singh and Devika Mishra conducted the session of COVID -19 Awareness on 5th and 6th August of 2021.

Sirali Gauspur is a Block in Barabanki District of Uttar Pradesh State, India. Sirali Gauspur Block Head Quarters is Sirali Ghauspur town.

Date: 5 August 2021 | Venue: CHC, Sirali Ghauspur



Date: 6 August 2021 | Venue: CHC, Sirauli Ghauspur



**ASHA Workers being trained to assist the rural people in Sirauli Ghauspur block of Barabanki district**

## BLOCK 4 – BANKI (CHC- JATA BARAULI)

COVID-19 awareness training at Banki Block of Barabanki district for ASHA workers was held on 9th & 10th of August 2021 by our trainers Shailesh Singh and Devika Mishra.

Banki is a Block placed in Barabanki district in Uttar Pradesh. Located in urban area of Uttar Pradesh, it is one of the 16 blocks of Barabanki district. According to the government records, the block code of Banki is 483. The block has 90 villages and there are total 44727 homes in this Block.

Date: 9 August 2021 | Venue: CHC, Jata Barauli



Date: 9 August 2021 | Venue: CHC, Jata Barauli



**Anvarat Foundation team at Banki block of Barabanki district**

## BLOCK 5- DEWA (CHC-DEWA)

Our trainers Shailesh Singh & Devika Mishra held the COVID -19 awareness training program at Dewa block of Barabanki district of Uttar Pradesh on 13th & 14th of August 2021.

Dewa is a Town in Dewa Block in Barabanki District of Uttar Pradesh State, India. It belongs to Faizabad Division. It is located 13 KM towards North from District headquarters Barabanki. It is a block headquarters.

Date: 13 August 2021 | Venue: CHC, Dewa





Date: 14 August 2021 | Venue: CHC, Jata Dewa



**Our team administered COVID-19 awareness training program to 175 ASHA workers at Dewa**

## Conclusion

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The ASHA workers expressed their satisfaction with the overall conduct of COVID -19 Awareness Training Program. They stated that they found the content useful and also could relate to the topics discussed. They shared how this training will help them to tackle with the issues at the grass root levels. Experience was shared by the participants on dealing with rural people having vaccine and Covid-19 testing hesitancy. They also mentioned how this training would help them to assist the people in their village at each and every stage.

## MEDIA COVERAGE –

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**आशा वर्करों को कोविड 19 जागरूकता प्रशिक्षण दिया जा रहा**

### **कोरोना वैक्सीन पर फैली अफवाहों को दूर करने का प्रशिक्षण**

**ब्यूरो ( विद्रोही आनन्द )**  
बाराबंकी । अनवरत फाउंडेशन के तत्वाधान में कामनवेल्थ एजुकेशनल मीडिया सेंटर फॉर एशिया ( सेमका ), नई दिल्ली के सहयोग से बाराबंकी जिले के 5 ब्लॉक ( मसौली, बंकी, सिरौलीगौसपुर, सिद्धौर, हरक ) में 1000 आशा वर्कर को कोविड 19 जागरूकता प्रशिक्षण कार्यक्रम आयोजित किया गया । जिसमें मसौली व सिद्धौर में प्रशिक्षण दिया गया । विकासखंड सिरौलीगौसपुर के सामुदायिक स्वास्थ्य केंद्र में 175 आशा वर्कर को कोविड 19 पर जागरूकता प्रशिक्षण दिया गया । इस कार्यक्रम में शैलेश सिंह, केशव मिश्रा, ऋतु सिंह एवं देविका मिश्रा द्वारा अनवरत फाउंडेशन की तरफ से समाज में कोविड 19 वैक्सीन को लेकर फैलने वाले अफवाहों के प्रति आशा वर्कर को जागरूक किया जा रहा है । हरक व बंकी ब्लॉक में यह प्रशिक्षण 10 और 11 अगस्त को प्रस्तावित है । इस प्रशिक्षण गूज संस्था के सहयोग से 200 आशा वर्कर को कोविड केयर किट वितरित की जाएगी ।

